



**EUROPEAN INSTITUTE OF  
COMPLEMENTARY THERAPIES**



**The Essex Institute**  
*Training in Clinical Hypnosis and Psychotherapy*

## ***European Institute of Complementary Therapies***

### **Professional Hypnotherapy Practitioner Course**

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### **International Professional Practitioner Course**

#### **Advanced Diploma in**

### **Hypnotherapy & Psychotherapy**

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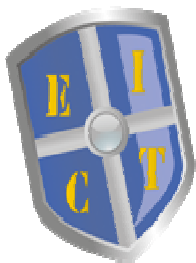
### **Personal Resource Orientated Psychotherapy (PROP)**

**Aversa (CE) Italy**

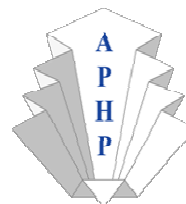
**In association with  
The Essex Institute**

**the Association for Professional Hypnosis & Psychotherapy (APHP)  
the National Register of Psychotherapists & Counsellors (NRPC)**

### **Prospectus, Syllabus and Application Forms**



**The Essex Institute**  
  
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**COMPASSION & HUMILITY**





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European Institute of Complementary Therapies

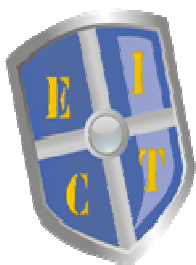
EICT ha finalità scientifica e riunisce studiosi che nell'ambito delle proprie discipline, siano comunque interessati allo studio, alla ricerca, allo sviluppo e alla divulgazione dell'ipnosi della ipnoterapia, della psicoterapia e del counselling nonché alla promozione e al riconoscimento delle terapie complementari con particolare riguardo verso quelle utilizzate nel mondo anglo-sassone.

EICT promuove e attua corsi di formazione, mediante proprie scuole in affiliazioni con enti di formazione nazionali e internazionali, in ipnosi, ipnoterapia, psicoterapia, counselling, e terapie complementari

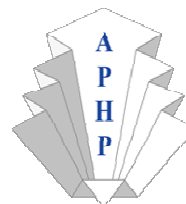
EICT è parte del network "Centro Ascolto.net"

Our international professional practitioner course **Professional Hypnotherapy Practitioner Course & International Advanced Diploma in Psychotherapy**-Personal Resource Orientated Psychotherapy (PROP)- are accredited by and run in association with the Essex Institute of Clinical Hypnosis & Psychotherapy, UK.

The Essex Institute is one of the leading and longest-established training schools in the UK and the only one to be allowed to use the title 'Institute' by the Secretary of State as this term is restricted to schools that are actively engaged in research and run higher level courses. The Diploma certificates are issued direct from the Institute in the UK, so that you are assured that you have been trained and certified at a level that fully meets UK quality standards. The Institute's Principal, Terence Watts, has run a busy private practice in the UK since 1989, Fellow of the National Council for Hypnotherapy, Fellow of the Royal Society for the Promotion of Health, Fellow of the Royal Society of Medicine, Chair of the international Association for Professional Hypnosis and Psychotherapy (APHP), and Founder of the National Register for Psychotherapists and Counsellors (NRPC). He is also the only psychological therapist world-wide to hold the MCGI (Member of the City and Guilds Institute). He has been in successful full-time private practice as a hypnotherapist and psychotherapist since 1989. An internationally acclaimed lecturer, trainer and presenter, and published author of a number of successful books on psychology, hypnotherapy, cognitive therapy, personality types, and sexual dysfunctions, Terence Watts is also the founder of Hypnosense and the originator of BWRT® -*BrainWorking Recursive Therapy*®, which is endorsed by the British Psychological Society, along with other courses.



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Course Leader Dott. Giuseppe Sequino-

The Diploma programme is led by Dott. Giuseppe Sequino, Psicologo Clinico e di Comunità (SUN); Licenciado en Psicología (España); HCPC Temporary Register "Temp03374" Part 14 (Practitioner Psychologists) Psicologo, UK; MNCP (Snr Accred Member of the National Council of Psychotherapists) UK; SQHP (Senior Qualification in Hypnotherapy Practice) UK, GHR registered; Certified Hypnotist AAH ( American Alliance of Hypnotists); Licensed Hypno-Band Practitioner; a highly qualified and experienced Senior Consultant Hypnotherapist and Psychotherapist;

Responsabile del EICT ( European Institute of Complementary Therapies)

Responsabile EIHP ( European Institute of Hypnosis and Psychotherapy)

Responsabile Centro Ascolto Psicologi Associati, Aversa (CE) Italy

Vicepresidente ANDOS onlus ( Associazione Nazionale Donne Operate Seno) Comitato di Aversa (CE) Italy.

Responsabile ambulatorio di Psicologia presso il centro A.N.D.O.S. onlus comitato di Aversa (CE) Italy

*USER GUIDE Directive 2005/36/EC Everything you need to know about the recognition of professional qualifications: "[ec.europa.eu/internal\\_market/qualifications/docs/guide/users\\_guide\\_en.pdf](http://ec.europa.eu/internal_market/qualifications/docs/guide/users_guide_en.pdf) "*

### *CITIZENS' RIGHTS IN EUROPE*

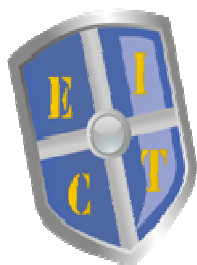
*"The rights of citizens to practise economic activities in another Member State is a fundamental right enshrined in the Treaty."*

***-Do you want to work or study in another Member State?***

*Directive 2005/36/EC is addressed only to professionals who are fully qualified to practise a profession in one Member State and who wish to practise the same profession in another Member State.*

***-Does the Directive apply if you did a distance-learning course or a course in a franchised establishment?***

*Directive 2005/36/EC does not make it compulsory for you to have undertaken your training in the Member State in which your qualification was awarded.*



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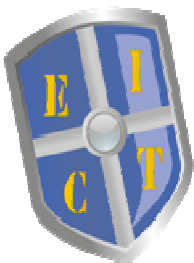
*Thus, you can have taken a distance-learning training course or a course in a franchised establishment. A franchised establishment is an establishment which has concluded a franchise agreement with a training institution in another Member State. Under the terms of this agreement, the training is provided in the franchised establishment, but is validated by the training institution situated in the other Member State and the qualification is awarded by that institution. Thus it is indeed a qualification from another Member State. For the Directive to apply to a 'franchised diploma', the training given in the franchised establishment must have been formally validated by the institution that awards the diploma. The 'franchised' diploma must also be the same as the diploma awarded when the training is undertaken completely within the Member State where the establishment that awards the diploma is situated. Lastly, the 'franchised' diploma must give the same access rights to the profession in the Member State where the establishment that awards the diploma is situated.*

*“[ec.europa.eu/internal\\_market/qualifications/docs/guide/users\\_guide\\_en.pdf](http://ec.europa.eu/internal_market/qualifications/docs/guide/users_guide_en.pdf)”*

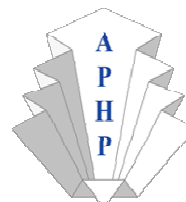
### **Why you need this training - a thorough preparation-**

When you learn a new skill, especially one which is going to involve interaction with other people on a personal basis, you need to be certain that you receive your training from properly qualified professionals.

As yet, hypnotherapy and psychotherapy are largely unregulated professions in the UK and there are no standardised qualifications which are recognised within the UK, EU or USA. However, this situation may well change in the near future with regard to Hypnotherapy and Psychotherapy in the UK, where they are now registerable. These professions were reviewed in 2011 and are due to be reconsidered in 2016, when there is a possibility that the term 'Psychotherapist' will be legally restricted. If this happens, only therapists who have completed a bona fide recognised psychotherapy training will be permitted to use the term 'Psychotherapist' in their professional capacity. Our courses have been approved by the National Register of Psychotherapists & Counsellors (NRPC) and AHP and our graduates are eligible to join these associations as well the CNHC, the register that is recommended to the public by the UK government, NHS, and private healthcare providers, for selecting a properly trained hypnotherapist whose qualifications are accredited by an official Verification Authority.



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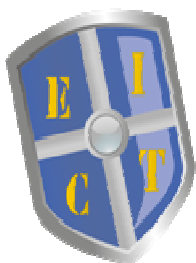
If legislation is introduced, then all working therapists will need to be able to show that they have been trained in safe, efficient and up-to-date techniques. Most reputable training organisations are affiliated to a professional body and we are committed to this process, ensuring that high standards of professional education and training are maintained. This is reflected in the quality of the teaching materials and methods, covering every necessary practical and theoretical aspect of the subject in detail. Through our formal association with the Essex Institute and AHP we enjoy multiple accreditations with the leading professional associations in the UK and this is your guarantee of competent and internationally recognised training.

Our commitment to your expertise extends beyond your final exam because after your graduation from the Professional Practitioner “**International Diploma in Hypnotherapy**” or “**International Diploma in Psychotherapy**”, you will continue to have access to support and advice.

We are dedicated to providing the very best personal tuition for every student, whether that student is studying at home or in the classroom. All assignments and examination papers are assessed by experienced professionals and the final examination is personally moderated by Terence Watts, providing impartial UK-based quality assurance for students trained in Italy.

Our tuition is first class and our ongoing interest in students and graduates is second to none, extending beyond training into long-term professional support, whether you go into full- or part-time practice or decide to apply your new skills in your existing profession. Class sizes are limited, ensuring that all students receive personal attention in developing professional competence and personal confidence. The Essex Institute is fully accredited as a bona fide hypnosis, psychotherapy and hypnotherapy training school by the major organisations for practising psychotherapists and hypnotherapists. By virtue of our formal affiliation with the Essex Institute, all graduates of the taught Diploma course who complete all the required coursework to the required standard and pass the required examinations are eligible for membership and listing with a number of respected professional bodies and registers, including:

- Complementary and Natural Healthcare Council (CNHC)
- Association for Professional Hypnosis and Psychotherapy (AHP)
- National Register of Psychotherapists and Counsellors (NRPC)



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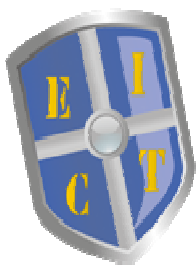
Our Diploma meets, indeed exceeds, the requirements to be a CNHC registered therapist. When you join the Diploma course, you will automatically be registered as a Student Member of APHP, since we are formally affiliated to APHP. Once you have been awarded the Diploma, you will be ready and able to practise professionally and will automatically be pre-approved for APHP Licentiate Membership. Application Form. In order to practise ethically and, in some countries, legally, you should join an appropriate professional association. This will provide you with support for your professional development as well as many other benefits. Many providers of professional indemnity insurance will also require you to be a member of a professional association. You can apply to any of the associations listed on page 5 (above), but we strongly recommend APHP because it is particularly suitable for hypnotherapists who are also trained as psychotherapists and in hypno-analytic techniques.

### **Health care provider recognition**

Diploma graduates wishing to practise in the UK will be eligible to apply for provider status with the National Health Service (NHS) as well as with private health insurance providers, such as BUPA, meaning that clients may be referred by a doctor, medical specialist or consultant. Since 2011, when hypnotherapy became 'registerable' in the UK, qualified hypnotherapists are strongly advised to register with the Complementary and Natural Healthcare Council (CNHC), the body established with support from the UK government to set and maintain standards for the profession. CNHC registration is recommended to obtain an NHS provider number and also to be able to supply services to clients with private health insurance that covers hypnotherapy treatment for specified conditions.

In other countries you will have to check with local providers

Most countries will accept bona fide UK-accredited qualifications and certification by the appropriate professional bodies and many of our graduates run successful practices across the world, including: the UK, USA, Canada, Australia, Belgium, Switzerland, Germany, Norway, South Africa, and other locations. Remember, our courses exceed the minimum requirements of the leading professional associations and examination/registration boards in the UK, providing 160 hours of face-to-face classroom training (rather than the required minimum of 120 hours), and many of our students invest up to 500 hours in total in training, study and personal research rather than the required minimum of 450 hours.



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You will conduct a minimum of 100 hours of practical work and submit a number of case studies and there are written and practical assignments to be completed for each Module, as well as a mid-course and final exam.

### **Professional Hypnotherapy Practitioner Course;**

This comprehensive training programme for the Professional Practitioner was originally designed and written by successful UK therapist, author and trainer Terence Watts.

The final examination allows for the title of "Certificated Hypnotherapist" issued by Essex Institute, UK.

You are also eligible to continue to the next level of the international advanced diploma in psychotherapy (PROP);

The international advanced diploma in psychotherapy (PROP) is highly recommended for those who want to continue their professional development and be able to handle the most difficult cases and it is essential to be able to legally term yourself as a psychotherapist.

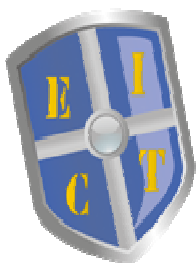
### **International Advanced Diploma in Psychotherapy - Personal Resource Orientated Psychotherapy- (PROP);**

The skills you will gain from the **Professional Hypnotherapy Practitioner Course** are certainly enough to take you into successful practice but this advanced course takes you to a higher level of achievement and successful completion enables you to legally term yourself as a psychotherapist.

The Advanced Diploma will extend your skills and versatility as an eclectic psychotherapist. Completing this course means that you will have advanced skills in understanding and client-handling, along with the ability to work without formal hypnosis when necessary – essential when dealing with certain types of personality. You will also have a huge variety of therapeutic techniques to hand, ensuring that you always have the right ‘tool for the job’. You will truly be an expert with specialist knowledge.

The Advanced Diploma in **Psychotherapy (PROP)** follows on from the **Professional Hypnotherapy Practitioner Course**. Before commencing, it will be necessary to complete the first year course, and to join the Association for Professional Hypnosis & Psychotherapy (APHP).

What's more, if you complete the Diploma "**Professional Hypnotherapy Practitioner Course**" and continue with the Advanced Diploma "**International Advanced Diploma in Psychotherapy**" (PROP), you will be able to legally term yourself as a Psychotherapist.



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*The Course Leader will require evidence of your previous qualification, curriculum covered and hours of study completed, and information about your clinical practice/experience in order to assess your suitability.*

The Advanced Diploma training comprises a series of modules, some of which may be open to other suitably qualified and/or experienced therapists, counsellors, mental health professionals or medical practitioners.

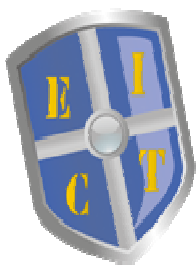
On completion you will receive your 'Advanced International Diploma in Hypnotherapy & Psychotherapy' and be able to immediately upgrade your AHP professional association membership to Full Member status. You will also be eligible to upgrade your status as a member of other professional associations, such as the National Register for Psychotherapists & Counsellors.

You will be required to attend an interview with the Course Leader or her Assistant before your place is confirmed, preferably in person, although telephone are possible when a face-to-face meeting is not practical.

Registration is conditional on receipt of the non-refundable deposit. the agreement for payment of the installment fee is binding.

The calendar for the Modules and showing the due dates for submission of Assignments follows the application forms on the following pages.

We look forward to hearing from you soon!



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# ***The Professional Practitioner Hypnotherapy Course***

*A comprehensive course in hypnosis, hypnotherapy and hypnoanalysis*

*By Terence Watts, DHP, FNCH, FRSH, MNCP, MISMA*

## **PROGRAMMA del CORSO**

### **MODULE ONE**

*The Beginning of an Understanding*

### **MODULE TWO**

*Getting to grips with it all*

### **MODULE THREE**

*Stress, anxiety, and fear*

### **MODULE FOUR**

*Practical Hypnosis*

### **MODULE FIVE**

*Making hypnosis work*

### **MODULE SIX**

*The Art of Suggestion*

### **MODULE SEVEN**

*Frequently presented illnesses*

### **MODULE EIGHT**

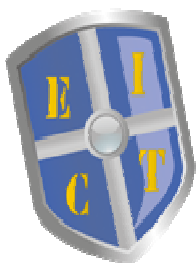
*Advanced topics*

### **MODULE NINE**

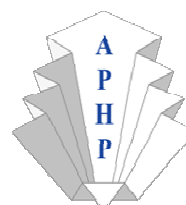
*Hypnoanalysis – getting to the roots*

### **MODULE TEN**

*Techniques for Regression and Analysis*



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## ***Personal Resource Orientated Psychotherapy***

### **Primo anno: (First year)**

Metodologia del PROP (The methodology of the PROP);

Basi teoriche (Theoretical basis);

La Psychotherapy orientata alle risorse personali (Personal Resource Orientated Psychotherapy -PROP);

Psicologia della Personalità- Personality psychology;

Psicologia Generale - General psychology;

Counselling e Psicoterapia - Counselling and Psychotherapy;

Hypnotherapy .

#### **Workshop primo anno.**

Recommended Books:

**General psychology** - Psicologia generale - di Daniel L. Schacter, Daniel T. Gilbert, Daniel M. Wegner;

**Personality psychology** - Modern Personality Psychology- Moderna Psicologia Della Personalita'(Caprara G.V. , Van Heck G.L. );

**Counselling and Psychotherapy**- the Sage Handbook of Counselling and Psychotherapy- Sage Publications (third edition);

**Hypnotherapy** - Professional Hypnotherapy Practitioner Course (Terence Watts):

**Dispense** (partwork).

Esame per hypnotherapist ( final exam for hypnotherapist);

Esame primo anno -(exam first year).

### **Secondo anno: (second year)**

Symbio Dynamics I;

Psicologia Dinamica - Dinamic psychology;

Psicopatologia – Psychopathology;

Storia, teoria e tecniche delle Psicoterapie- Hystory, theory and techniques of the Psychotherapies.

Elementi di Psicometria – Psychometrics;

#### **Workshop secondo anno.**

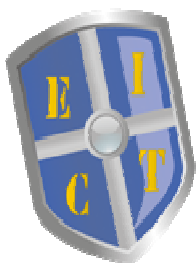
Recommended Books:

**Hystory, theory and techniques of psychotherapy:** History of Psychotherapy: Continuity and Changeby John C. Norcross, Gary R. Vandenbos and Donald K. Freedheim(Jul 15, 2010)

**Dinamic psychology:** Freud;

**Dispense** (partwork).

Esame secondo anno -(exam second year).



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## **Terzo anno – (third year)**

Psychosexual Disorders I;

Analytical Psychotherapy;

Elementi di Psicodiagnostica - Psychodiagnostic Elements

Psicologia Sociale - Social psychology;

Elementi di Psichiatria e Psicofisiologia - Elements of Psychiatry and Psycho-Physiology; ;

Elementi di Anatomia- Elements of Anatomy;

**Workshop terzo anno.**

Recommended Books:

**Elementi di Psichiatria e Psicofisiologia** – Kaplan, Sadock, Grebb. Psichiatria, Manuale di Scienze del comportamento e Psichiatria clinica;

**Elementi di Anatomia** – Neuroscienze, Guyton A.C., Ed. Piccin Padova;

**Social psychology** - The Sage Handbook Of Social Psychology -*Concise Student Edition*- Cooper Joel M.(Cur); Hogg Michael A. (Cur);

**Dispense** (partwork).

Esame terzo anno -(exam third year).

## **Quarto anno- (Fourth year)**

Analytical Hypno-Psychotherapy;

Symbio Dynamics II;

Psychosexual Disorders II;

M.A.G.I.C. ( Motivation, Allocation, Generation, Imagination, Cooperation);

Hypnoanalysis;

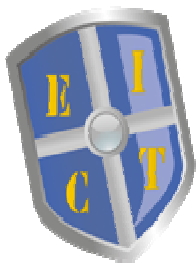
**Workshop quarto anno.**

Recommended Books: Freud;

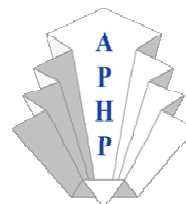
**Dispense** (partwork).

Esame quarto anno -(exam fourth year).

**Tesi (thesis)**



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## Personal Resource Orientated Psychotherapy

professional course. validated by "The ESSEX INSTITUTE" UK

### **Primo anno (First year)**

Metodologia del PROP  
(The methodology of the PROP);  
Basi teoriche (Theoretical basis);  
La psicoterapia orientata alle risorse personali  
(Personal Resource Orientated Psychotherapy (PROP));  
Psicologia della Personalità-  
(Personality psychology);  
Psicologia Generale  
(General psychology);  
Counselling e Psicoterapia  
(Counselling and Psychotherapy);  
Hypnotherapy ;  
Esame 1° anno PROP;(Exam 1° year).  
exam for hypnotherapist.

**Certificated Hypnotherapist**

### **Secondo anno (Second year)**

Symbio Dynamics I; ;  
Psicologia Dinamica  
(Dinamic psychology);  
Storia, teoria e tecniche delle Psicote-  
rapie  
(Hystory, theory and techniques of  
the Psychotherapies);  
Psicologia Sociale  
(Social psychology);  
Esame 2° anno PROP  
(Exam 2° year PROP).

### **Terzo anno (Third year)**

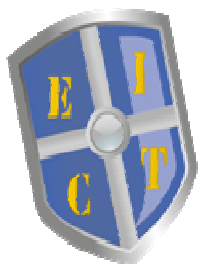
Disturbi Psicosessuali I  
(Psychosexual Disorders I);  
Psicoterapia Analitica  
(Analytical Psychotherapy);  
Elementi di Psicodiagnostica  
(Psychodiagnostic Elements);  
Elementi di Psichiatria e Psico-  
fisiologia  
(Elements of Psychiatry and  
Psycho-Physiology);  
Elementi di Anatomia  
(Elements of Anatomy);  
Esame 3° anno PROP  
(Exam 3° year PROP).

### **Quarto anno (Fourth year)**

IpnoPsicoterapia Analitica  
(Analytical HypnoPsychotherapy);  
Symbio Dynamics II;  
Disturbi Psicosessuali II  
(Psychosexual Disorders II);  
M.A.G.I.C. ( ( Motivation, Allocation, Generation,  
Imagination, Cooperation);  
Hypnoanalysis;  
Esame 4° anno PROP  
(Exam 4° year PROP).

### **Tesi (thesis)**

PROP psychotherapy



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## **Professional Hypnotherapy Practitioner Course Advanced Diploma in Hypnotherapy & Psychotherapy**

**iscrizione anno 2017 Aversa (CE) , Italia**

per favore assicurati di aver riempito tutti i campi prima della sottoscrizione

Nome e titolo.....Documento n.: .....

Luogo e data di nascita .....Nazionalità.....

Residenza: Indirizzo

.....cap.....

Telefono:

.....Fax:.....

Indirizzo di posta elettronica: .....

Il corso al quale sei interessato:

**Professional Practitioner;**

Studio in aula:

☐ Corso Livello 1 Professional Hypnotherapy Practitioner Course

☐ Livello 2 (Corso avanzato in Hypnotherapy)

☐ Livello 1, 2, 3 e 4 (Corso avanzato in Hypnotherapy and Psychotherapy).

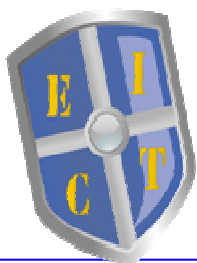
Se non sei uno dei nostri titolati per favore fornisci i dettagli della tua formazione precedente.

.....

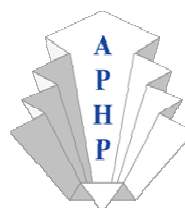
Occupazione

attuale/impiego:.....

Breve storia lavorativa, si prega di allegare CV se disponibile.



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Attualmente eserciti come Hypnotherapist e/o Psychotherapist? [ ]sì [ ]no

Hai avuto o hai qualche malattia grave inclusa quella psichiatrica/emotiva?

Se sì fornire brevi dettagli qui

.....  
.....

quali materie hai studiato da adulto?.....

Si prega di indicare se si è o no ottenuto una qualsiasi formale qualifica

.....

per coloro che non sono nostri studenti/qualificati:

consegna il presente modulo con un breve scritto che illustri le ragioni per voler frequentare questo corso.

.....  
.....

Data.....

firma

**N.B.** Dopo aver conseguito il diploma il professionista, per l'esercizio delle attività di Hypnotherapist e/o Psychotherapist, è tenuto ad informarsi presso le competenti autorità dello stato in cui intende esercitare.

La psychotherapy nel Regno Unito è una professione indipendente ma potrebbe non essere così in altri Stati. In Europa non esistono norme comuni ai vari stati membri riguardo all'esercizio della psychotherapy.



**The Essex Institute**  
  
*Professional Training in Complementary Health*



**COMPASSION & HUMILITY**

